



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

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Team Paradieschen 1

000: 1:10:51

00: 208

00: 25.55 km

Chari Tria Staffel (0,55-20,0-5,0)

00000/000: 2 (of 5)

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00000: 2(of 5)

Staffel

0000000: 1:07:27

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	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Schwimmen nett	0.55	10:36	19:16	2	2:00	2	2:00	0.55	10:36	19:16	2	2:00	2	2:00
Wechsel S -> R	-	1:26	-	2	0:06	2	0:06	0.55	12:02	21:52	2	2:06	2	2:06
Schwimmen 000	0.55	12:02	21:52	2	2:06	2	2:06	0.55	12:02	21:52	2	2:06	2	2:06
Rad netto	20.00	36:11	1:48	1	-	1	-	20.55	48:13	2:20	2	1:14	2	1:14
Wechsel R -> L	-	0:56	-	3	0:13	3	0:13	20.55	49:09	2:23	2	1:23	2	1:23
Rad 000	20.00	37:07	1:51	1	-	1	-	20.55	49:09	2:23	2	1:23	2	1:23
Lauf	5.00	21:42	4:20	2	2:01	2	2:01	25.55	1:10:51	2:46	2	3:24	2	3:24