



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

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Tabea Schuh

□□□: 2:19:21

□□: TriTeam Gießen

□□: 42

□□: 49.25 km

□□□□□/□□□: 17 (of 42)

Chari Tria Olymp (1,25-38.0-10,0)

□□□□□/□: 3 (of 8)

□□□□□□: 2:07:43

□□□□:

□□□□□: 1(of 1)

Olymp Frauen AK3

□□□□□□□: 2:19:21

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	1.25	20:18	16:14	1	-	2	0:29	1.25	20:18	16:14	1	-	9	0:29	
Wechsel S -> R	-	1:48	-	1	-	2	1:48	1.25	22:06	17:40	1	-	1	-	
Schwimmen □□□	1.25	22:06	17:40	1	-	1	-	1.25	22:06	17:40	1	-	1	-	
Rad netto	38.00	1:07:41	1:46	1	-	3	4:43	39.25	1:29:47	2:17	1	-	3	3:51	
Wechsel R -> L	-	1:11	-	1	-	1	-	39.25	1:30:58	2:19	1	-	3	3:50	
Rad □□□	38.00	1:08:52	1:48	1	-	3	4:42	39.25	1:30:58	2:19	1	-	3	3:50	
Lauf	10.00	48:23	4:50	1	-	3	7:48	49.25	2:19:21	2:49	1	-	3	11:38	