



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

0000

Manuel Riedel

000: 2:13:41

00: .

00: 4

00: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

00000/000: 9 (of 42)

00000/0: 7 (of 34)

000000: 1:49:44

0000:

Olymp Männer AK3

00000: 3(of 8)

0000000: 1:58:21

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0000

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|----------------|-------|---------|--------|----|------|----|------|-------|---------|--------|----|-------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Schwimmen nett | 1.25 | 27:20 | 21:52 | 7 | 8:50 | 20 | 8:50 | 1.25 | 27:20 | 21:52 | 7 | 8:50 | 20 | 8:50 |
| Wechsel S -> R | - | 2:13 | - | 4 | 0:30 | 6 | 0:30 | 1.25 | 29:33 | 23:38 | 6 | 9:20 | 16 | 9:20 |
| Schwimmen 000 | 1.25 | 29:33 | 23:38 | 6 | 9:20 | 16 | 9:20 | 1.25 | 29:33 | 23:38 | 6 | 9:20 | 16 | 9:20 |
| Rad netto | 38.00 | 59:02 | 1:33 | 3 | 1:05 | 4 | 6:16 | 39.25 | 1:28:35 | 2:15 | 3 | 10:08 | 35 | 15:08 |
| Wechsel R -> L | - | 1:51 | - | 6 | 0:53 | 20 | 0:59 | 39.25 | 1:30:26 | 2:18 | 3 | 11:01 | 35 | 16:07 |
| Rad 000 | 38.00 | 1:00:53 | 1:36 | 3 | 1:41 | 4 | 7:15 | 39.25 | 1:30:26 | 2:18 | 3 | 11:01 | 35 | 16:07 |
| Lauf | 10.00 | 43:15 | 4:19 | 6 | 5:03 | 12 | 7:50 | 49.25 | 2:13:41 | 2:42 | 3 | 15:20 | 7 | 23:57 |