



# 10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

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Carsten Schneider

000: 2:18:06

00: Triathlon Wetterau

00: 5

00: 49.25 km

00000/000: 14 (of 42)

Chari Tria Olymp (1,25-38.0-10,0)

00000/0: 12 (of 34)

000000: 1:49:44

0000:

00000: 5(of 8)

Olymp Männer AK3

0000000: 1:58:21

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	23:51	19:04	4	5:21	10	5:21	1.25	23:51	19:04	4	5:21	10	5:21
Wechsel S -> R	-	2:56	-	6	1:13	11	1:13	1.25	26:47	21:25	4	6:34	10	6:34
Schwimmen 000	1.25	26:47	21:25	4	6:34	10	6:34	1.25	26:47	21:25	4	6:34	10	6:34
Rad netto	38.00	1:07:27	1:46	6	9:30	18	14:41	39.25	1:34:14	2:24	5	15:47	35	20:47
Wechsel R -> L	-	1:43	-	5	0:45	18	0:51	39.25	1:35:57	2:26	5	16:32	35	21:38
Rad 000	38.00	1:09:10	1:49	6	9:58	18	15:32	39.25	1:35:57	2:26	5	16:32	35	21:38
Lauf	10.00	42:09	4:12	4	3:57	9	6:44	49.25	2:18:06	2:48	5	19:45	12	28:22