



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

0000

Matthias Dill

000: 2:24:42

00: 2

00: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

00000/000: 22 (of 42)

00000/0: 19 (of 34)

000000: 1:49:44

0000:

Olymp Männer AK3

00000: 7(of 8)

0000000: 1:58:21

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	22:25	17:56	3	3:55	6	3:55	1.25	22:25	17:56	3	3:55	6	3:55
Wechsel S -> R	-	2:56	-	6	1:13	11	1:13	1.25	25:21	20:16	3	5:08	6	5:08
Schwimmen 000	1.25	25:21	20:16	3	5:08	6	5:08	1.25	25:21	20:16	3	5:08	6	5:08
Rad netto	38.00	1:10:30	1:51	7	12:33	21	17:44	39.25	1:35:51	2:26	7	17:24	35	22:24
Wechsel R -> L	-	2:25	-	8	1:27	32	1:33	39.25	1:38:16	2:30	7	18:51	35	23:57
Rad 000	38.00	1:12:55	1:55	7	13:43	23	19:17	39.25	1:38:16	2:30	7	18:51	35	23:57
Lauf	10.00	46:26	4:38	7	8:14	21	11:01	49.25	2:24:42	2:56	7	26:21	19	34:58