



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

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David García

□□□: 2:36:14

□□: Eosc

□□: 3

□□: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

□□□□□/□□□: 31 (of 42)

□□□□□/□: 26 (of 34)

□□□□□□: 1:49:44

□□□□:

Olymp Männer AK3

□□□□□: 8(of 8)

□□□□□□□: 1:58:21

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	1.25	26:02	20:49	5	7:32	16	7:32	1.25	26:02	20:49	5	7:32	16	7:32
Wechsel S -> R	-	3:35	-	8	1:52	20	1:52	1.25	29:37	23:41	7	9:24	19	9:24
Schwimmen □□□	1.25	29:37	23:41	7	9:24	19	9:24	1.25	29:37	23:41	7	9:24	19	9:24
Rad netto	38.00	1:12:02	1:53	8	14:05	25	19:16	39.25	1:41:39	2:35	8	23:12	35	28:12
Wechsel R -> L	-	1:59	-	7	1:01	25	1:07	39.25	1:43:38	2:38	8	24:13	35	29:19
Rad □□□	38.00	1:14:01	1:56	8	14:49	25	20:23	39.25	1:43:38	2:38	8	24:13	35	29:19
Lauf	10.00	52:36	5:15	8	14:24	30	17:11	49.25	2:36:14	3:10	8	37:53	26	46:30