



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

0000

David Stegemann

000: 2:21:51

00: 10

00: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

00000/000: 18 (of 42)

00000/0: 15 (of 34)

000000: 1:49:44

0000:

Olymp Männer AK4

00000: 3(of 5)

0000000: 2:13:37

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	24:56	19:56	2	0:27	13	6:26	1.25	24:56	19:56	6	0:27	35	6:26
Wechsel S -> R	-	3:38	-	2	0:37	21	1:55	1.25	28:34	22:51	6	1:04	35	8:21
Schwimmen 000	1.25	28:34	22:51	6	1:04	35	8:21	1.25	28:34	22:51	6	1:04	35	8:21
Rad netto	38.00	1:07:57	1:47	4	6:00	19	15:11	39.25	1:36:31	2:27	6	4:34	35	23:04
Wechsel R -> L	-	1:57	-	3	0:45	24	1:05	39.25	1:38:28	2:30	6	4:59	35	24:09
Rad 000	38.00	1:09:54	1:50	4	6:45	19	16:16	39.25	1:38:28	2:30	6	4:59	35	24:09
Lauf	10.00	43:23	4:20	4	3:54	14	7:58	49.25	2:21:51	2:52	3	8:14	15	32:07