



26. Hainichlauf und 3. Werratalmarathon

Mihla / 01.05.2022

□□□□

Beck, Andreas

□□: LSV Lok Arnstadt

□□: 501

□□: 42.20 km

Marathon

□□□□:

Senioren M60 (60-64 Jahre)

□□□: 4:57:44

□□: 8.46 km/h

□□□□: 7:04 min/km

□□□□□/□□□: 34 (of 39)

□□□□□/□: 31 (of 36)

□□□□□□: 3:02:33

□□□□□: 5(of 5)

□□□□□□□: 3:41:34

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|-----------|-------|---------|--------|----|-------|----|-------|-------|---------|--------|----|---------|----|---------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| Falken | 11.60 | 1:14:03 | 6:23 | 5 | 16:36 | 33 | 28:02 | 11.60 | 1:14:03 | 6:23 | 5 | 16:36 | 33 | 28:02 |
| Volteroda | 12.30 | 1:29:56 | 7:18 | 5 | 22:34 | 35 | 36:58 | 23.90 | 2:43:59 | 6:51 | 5 | 39:00 | 35 | 1:05:00 |
| Creuzburg | 9.10 | 1:05:03 | 7:08 | 5 | 18:25 | 28 | 25:51 | 33.00 | 3:49:02 | 6:56 | 5 | 55:31 | 33 | 1:30:47 |
| Mihla | 9.20 | 1:08:42 | 7:28 | 3 | 20:39 | 23 | 24:24 | 42.20 | 4:57:44 | 7:03 | 5 | 1:16:10 | 31 | 1:55:11 |