



# 26. Hainichlauf und 3. Werratalmarathon

Mihla / 01.05.2022

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**Madry, Norbert**

□□□: 3:49:10

□□: SF Blau-Gelb Marburg

□□: 11.00 km/h

□□: 522

□□□□: 5:26 min/km

□□: 42.20 km

□□□□□/□□□: 9 (of 39)

Marathon

□□□□□/□: 9 (of 36)

□□□□□□: 3:02:33

□□□□:

□□□□□: 1(of 3)

Senioren M65 (65-69 Jahre)

□□□□□□□: 3:49:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Falken	11.60	57:55	4:59	1	-	15	11:54	11.60	57:55	4:59	1	-	15	11:54	
Volteroda	12.30	1:07:23	5:28	1	-	13	14:25	23.90	2:05:18	5:14	1	-	13	26:19	
Creuzburg	9.10	49:05	5:23	1	-	9	9:53	33.00	2:54:23	5:17	1	-	11	36:08	
Mihla	9.20	54:47	5:57	1	-	8	10:29	42.20	3:49:10	5:25	1	-	9	46:37	