



Fuchs, Leonard

□□: Stapelburg

□□: 734

□□: 9.60 km 9,6 km - Lauf

Männer (20-29 Jahre)

□□□: 1:01:13

□□: 8.82 km/h

□□□□: 6:23 min/km

_____: 130 (of 169)

______: 82 (of 101)

____: 34:38

||||||: 11(of 15)

_____: **35:06**

	km		min/km	-	-			km		min/km	-	-		
Ilsestein	4.10	31:01	7:33	11	13:25	84	14:01	4.10	31:01	7:33	11	13:25	85	31:01
Loddenke	2.20	12:28	5:39	11	5:37	83	5:41	6.30	43:29	6:54	11	19:02	85	19:42
llsenburg/Markt	3.30	17:44	5:22	12	7:05	81	7:05	9.60	1:01:13	6:22	11	26:07	82	26:35