



52. Brockenlauf Ilseburg / 02.09.2023

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Michel, Laura

00: TG triZack Rostock

00: 294

00: 26.20 km

26,2 km - Lauf

0000:

Seniorinnen W30 (30-34 Jahre)

000: 2:03:43

00: 12.61 km/h

0000: 4:43 min/km

00000/000: 24 (of 537)

00000/0: 2 (of 97)

000000: 2:02:52

00000: 1(of 10)

0000000: 2:03:43

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Loddenke	3.30	14:59	4:32	1	-	1	-	3.30	14:59	4:32	1	-	1	-
Schlüsle	3.10	16:55	5:27	1	-	3	0:11	6.40	31:54	4:59	1	-	1	-
Hermannsklippe	2.60	14:53	5:43	1	-	3	0:27	9.00	46:47	5:11	1	-	2	0:02
Brocken	3.10	24:25	7:52	1	-	4	1:44	12.10	1:11:12	5:53	1	-	4	1:46
Eiserner Handwe	3.60	14:21	3:59	1	-	1	-	15.70	1:25:33	5:26	1	-	2	1:09
Schlüsle	4.10	13:30	3:17	1	-	1	-	19.80	1:39:03	5:00	1	-	2	0:02
Loddenke	3.10	11:35	3:44	1	-	3	0:19	22.90	1:50:38	4:49	1	-	2	0:21
Ilseburg/Markt	3.30	13:05	3:57	2	0:03	4	0:30	26.20	2:03:43	4:43	1	-	2	0:51