



52. Brockenlauf

Ilseburg / 02.09.2023

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Baumgart, Lutz

□□: Brockenlaufverein
 □□: 24

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M65 (65-69 Jahre)

□□□: 2:22:09

□□: 10.97 km/h
 □□□□: 5:26 min/km

□□□□□/□□□□: 85 (of 537)

□□□□□/□: 77 (of 440)

□□□□□□: 1:41:44

□□□□□: 1(of 22)

□□□□□□□: 2:22:09

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	17:07	5:11	1	-	75	4:55	3.30	17:07	5:11	1	-	75	4:55	
Schlüsie	3.10	19:12	6:11	1	-	96	5:48	6.40	36:19	5:40	1	-	82	10:43	
Hermannsklippe	2.60	17:12	6:36	1	-	109	5:18	9.00	53:31	5:56	1	-	88	16:01	
Brocken	3.10	27:49	8:58	1	-	97	9:36	12.10	1:21:20	6:43	1	-	88	25:37	
Eiserner Handwe	3.60	17:06	4:45	1	-	77	4:30	15.70	1:38:26	6:16	1	-	87	30:07	
Schlüsie	4.10	15:39	3:49	1	-	51	3:42	19.80	1:54:05	5:45	1	-	79	33:49	
Loddenke	3.10	13:14	4:16	1	-	70	3:10	22.90	2:07:19	5:33	1	-	77	36:59	
Ilseburg/Markt	3.30	14:50	4:29	1	-	77	3:26	26.20	2:22:09	5:25	1	-	77	40:25	