



52. Brockenlauf

Ilseburg / 02.09.2023

□□□□

Yeremeyev, Anatolii

□□: Ukrainische Falken
 □□: 477

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M35 (35-39 Jahre)

□□□: 2:35:13

□□: 10.05 km/h
 □□□□: 5:55 min/km

□□□□□/□□□: 169 (of 537)

□□□□□/□: 153 (of 440)

□□□□□□: 1:41:44

□□□□□: 30(of 65)

□□□□□□□: 1:52:36

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 18:55 | 5:43 | 34 | 5:23 | 173 | 6:43 | 3.30 | 18:55 | 5:43 | 34 | 5:23 | 173 | 6:43 | |
| Schlüsie | 3.10 | 20:19 | 6:33 | 32 | 5:33 | 166 | 6:55 | 6.40 | 39:14 | 6:07 | 33 | 10:44 | 163 | 13:38 | |
| Hermannsklippe | 2.60 | 18:17 | 7:01 | 35 | 5:24 | 180 | 6:23 | 9.00 | 57:31 | 6:23 | 33 | 16:08 | 165 | 20:01 | |
| Brocken | 3.10 | 29:47 | 9:36 | 32 | 9:01 | 161 | 11:34 | 12.10 | 1:27:18 | 7:12 | 31 | 25:09 | 158 | 31:35 | |
| Eiserner Handwe | 3.60 | 18:42 | 5:11 | 32 | 5:35 | 167 | 6:06 | 15.70 | 1:46:00 | 6:45 | 31 | 30:09 | 158 | 37:41 | |
| Schlüsie | 4.10 | 17:47 | 4:20 | 32 | 4:50 | 164 | 5:50 | 19.80 | 2:03:47 | 6:15 | 30 | 34:48 | 151 | 43:31 | |
| Loddenke | 3.10 | 15:36 | 5:01 | 38 | 4:46 | 241 | 5:32 | 22.90 | 2:19:23 | 6:05 | 30 | 39:19 | 153 | 49:03 | |
| Ilseburg/Markt | 3.30 | 15:50 | 4:47 | 25 | 4:04 | 127 | 4:26 | 26.20 | 2:35:13 | 5:55 | 30 | 42:37 | 153 | 53:29 | |