



52. Brockenlauf

Ilseburg / 02.09.2023

□□□□

Büchner, Matthias

□□: KaMaToMi
 □□: 76

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M45 (45-49 Jahre)

□□□: 2:38:47

□□: 9.82 km/h
 □□□□: 6:04 min/km

□□□□□/□□□: 199 (of 537)

□□□□□/□: 181 (of 440)

□□□□□□: 1:41:44

□□□□□: 25(of 55)

□□□□□□□: 2:00:57

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 18:39 | 5:39 | 17 | 4:42 | 150 | 6:27 | 3.30 | 18:39 | 5:39 | 17 | 4:42 | 150 | 6:27 | |
| Schlüsie | 3.10 | 20:45 | 6:41 | 27 | 5:03 | 194 | 7:21 | 6.40 | 39:24 | 6:09 | 21 | 9:45 | 166 | 13:48 | |
| Hermannsklippe | 2.60 | 18:32 | 7:07 | 26 | 4:19 | 199 | 6:38 | 9.00 | 57:56 | 6:26 | 24 | 14:04 | 182 | 20:26 | |
| Brocken | 3.10 | 29:53 | 9:38 | 22 | 6:47 | 166 | 11:40 | 12.10 | 1:27:49 | 7:15 | 20 | 20:51 | 165 | 32:06 | |
| Eiserner Handwe | 3.60 | 18:53 | 5:14 | 28 | 4:45 | 182 | 6:17 | 15.70 | 1:46:42 | 6:47 | 21 | 25:03 | 165 | 38:23 | |
| Schlüsie | 4.10 | 18:48 | 4:35 | 31 | 5:17 | 214 | 6:51 | 19.80 | 2:05:30 | 6:20 | 21 | 29:14 | 166 | 45:14 | |
| Loddenke | 3.10 | 15:53 | 5:07 | 41 | 5:09 | 264 | 5:49 | 22.90 | 2:21:23 | 6:10 | 24 | 32:53 | 176 | 51:03 | |
| Ilseburg/Markt | 3.30 | 17:24 | 5:16 | 36 | 4:57 | 244 | 6:00 | 26.20 | 2:38:47 | 6:03 | 25 | 37:50 | 181 | 57:03 | |