



52. Brockenlauf

Ilseburg / 02.09.2023

0000

Petersen, Steffen

00: Georgenthal

00: 319

00: 26.20 km

26,2 km - Lauf

0000:

Senioren M40 (40-44 Jahre)

000: 2:39:11

00: 9.80 km/h

0000: 6:05 min/km

00000/000: 201 (of 537)

00000/0: 183 (of 440)

000000: 1:41:44

00000: 29(of 57)

0000000: 1:54:56

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Loddenke	3.30	21:18	6:27	44	7:01	320	9:06	3.30	21:18	6:27	44	7:01	320	9:06
Schlüsle	3.10	22:01	7:06	36	6:16	278	8:37	6.40	43:19	6:46	39	13:17	307	17:43
Hermannsklippe	2.60	19:24	7:27	39	5:44	249	7:30	9.00	1:02:43	6:58	38	19:01	291	25:13
Brocken	3.10	30:34	9:51	30	9:45	186	12:21	12.10	1:33:17	7:42	35	28:46	246	37:34
Eiserner Handwe	3.60	18:17	5:04	25	4:40	151	5:41	15.70	1:51:34	7:06	32	33:26	218	43:15
Schlüsle	4.10	16:54	4:07	20	3:36	106	4:57	19.80	2:08:28	6:29	31	37:02	197	48:12
Loddenke	3.10	14:14	4:35	24	2:55	134	4:10	22.90	2:22:42	6:13	29	39:57	188	52:22
Ilseburg/Markt	3.30	16:29	4:59	29	4:18	179	5:05	26.20	2:39:11	6:04	29	44:15	183	57:27