



52. Brockenlauf

Ilseburg / 02.09.2023

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Hornig, Tina

□□: Hannover 96
 □□: 184

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W40 (40-44 Jahre)

□□□: 2:44:10

□□: 9.50 km/h
 □□□□: 6:16 min/km

□□□□□/□□□: 255 (of 537)

□□□□□/□: 27 (of 97)

□□□□□□: 2:02:52

□□□□□: 5(of 12)

□□□□□□□: 2:13:55

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	18:40	5:39	2	2:08	17	3:41	3.30	18:40	5:39	2	2:08	17	3:41
Schlüsie	3.10	23:47	7:40	7	5:12	57	7:03	6.40	42:27	6:37	4	7:20	29	10:33
Hermannsklippe	2.60	20:26	7:51	5	4:17	35	6:00	9.00	1:02:53	6:59	4	11:37	31	16:08
Brocken	3.10	33:09	10:41	5	7:19	31	10:28	12.10	1:36:02	7:56	5	18:56	31	26:36
Eiserner Handwe	3.60	18:21	5:05	2	2:31	16	4:00	15.70	1:54:23	7:17	5	21:27	29	29:59
Schlüsie	4.10	17:59	4:23	4	3:15	14	4:29	19.80	2:12:22	6:41	4	24:42	27	33:21
Loddenke	3.10	14:41	4:44	4	2:27	21	3:25	22.90	2:27:03	6:25	5	27:09	26	36:46
Ilseburg/Markt	3.30	17:07	5:11	8	3:06	36	4:32	26.20	2:44:10	6:15	5	30:15	27	41:18