



52. Brockenlauf

Ilseburg / 02.09.2023

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Kellenberger, Florian

□□: Braunschweig

□□: 207

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M35 (35-39 Jahre)

□□□: 2:47:11

□□: 9.33 km/h

□□□□: 6:23 min/km

□□□□□/□□□: 283 (of 537)

□□□□□/□: 252 (of 440)

□□□□□□: 1:41:44

□□□□□: 43(of 65)

□□□□□□□: 1:52:36

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:42	6:34	53	8:10	344	9:30	3.30	21:42	6:34	53	8:10	344	9:30
Schlüsie	3.10	21:07	6:48	40	6:21	217	7:43	6.40	42:49	6:41	48	14:19	288	17:13
Hermannsklippe	2.60	18:23	7:04	38	5:30	188	6:29	9.00	1:01:12	6:48	44	19:49	255	23:42
Brocken	3.10	30:04	9:41	34	9:18	171	11:51	12.10	1:31:16	7:32	43	29:07	220	35:33
Eiserner Handwe	3.60	20:48	5:46	50	7:41	270	8:12	15.70	1:52:04	7:08	43	36:13	224	43:45
Schlüsie	4.10	19:37	4:47	48	6:40	263	7:40	19.80	2:11:41	6:39	41	42:42	232	51:25
Loddenke	3.10	17:04	5:30	54	6:14	334	7:00	22.90	2:28:45	6:29	44	48:41	249	58:25
Ilseburg/Markt	3.30	18:26	5:35	48	6:40	296	7:02	26.20	2:47:11	6:22	43	54:35	252	1:05:27