



52. Brockenlauf

Ilseburg / 02.09.2023

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Beloqui Evardone, Marcel

□□: Hannover
 □□: 54

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M30 (30-34 Jahre)

□□□: 2:47:14

□□: 9.33 km/h
 □□□□: 6:23 min/km

□□□□□/□□□: 284 (of 537)

□□□□□/□: 253 (of 440)

□□□□□□: 1:41:44

□□□□□: 37(of 47)

□□□□□□□: 1:41:44

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:10	5:48	29	6:58	183	6:58	3.30	19:10	5:48	29	6:58	183	6:58
Schlüsie	3.10	20:39	6:39	31	7:15	190	7:15	6.40	39:49	6:13	29	14:13	179	14:13
Hermannsklippe	2.60	17:54	6:53	23	6:00	161	6:00	9.00	57:43	6:24	28	20:13	170	20:13
Brocken	3.10	30:25	9:48	26	12:12	183	12:12	12.10	1:28:08	7:17	25	32:25	170	32:25
Eiserner Handwe	3.60	23:59	6:39	42	11:23	380	11:23	15.70	1:52:07	7:08	33	43:48	227	43:48
Schlüsie	4.10	22:09	5:24	41	10:12	369	10:12	19.80	2:14:16	6:46	38	54:00	264	54:00
Loddenke	3.10	16:24	5:17	38	6:20	293	6:20	22.90	2:30:40	6:34	38	1:00:20	260	1:00:20
Ilseburg/Markt	3.30	16:34	5:01	25	5:10	183	5:10	26.20	2:47:14	6:22	37	1:05:30	253	1:05:30