



52. Brockenlauf

Ilsenburg / 02.09.2023

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Velinov, Vladimir

□□: SG Eintracht Ebendorf
 □□: 442

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M30 (30-34 Jahre)

□□□: 2:49:14

□□: 9.22 km/h
 □□□□: 6:28 min/km

□□□□□/□□□: 300 (of 537)

□□□□□/□: 265 (of 440)

□□□□□□: 1:41:44

□□□□□: 39(of 47)

□□□□□□□: 1:41:44

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:57	6:02	36	7:45	244	7:45	3.30	19:57	6:02	36	7:45	244	7:45
Schlüsie	3.10	20:17	6:32	27	6:53	162	6:53	6.40	40:14	6:17	30	14:38	194	14:38
Hermannsklippe	2.60	17:39	6:47	22	5:45	148	5:45	9.00	57:53	6:25	29	20:23	177	20:23
Brocken	3.10	30:40	9:53	27	12:27	189	12:27	12.10	1:28:33	7:19	26	32:50	176	32:50
Eiserner Handwe	3.60	22:33	6:15	40	9:57	349	9:57	15.70	1:51:06	7:04	30	42:47	210	42:47
Schlüsie	4.10	22:58	5:36	42	11:01	389	11:01	19.80	2:14:04	6:46	37	53:48	261	53:48
Loddenke	3.10	16:57	5:28	41	6:53	329	6:53	22.90	2:31:01	6:35	39	1:00:41	269	1:00:41
Ilsenburg/Markt	3.30	18:13	5:31	36	6:49	283	6:49	26.20	2:49:14	6:27	39	1:07:30	265	1:07:30