



52. Brockenlauf

Ilseburg / 02.09.2023

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Roeßler, Ines

□□: VfB Fallersleben
 □□: 349

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W55 (55-59 Jahre)

□□□: 2:50:10

□□: 9.17 km/h
 □□□□: 6:29 min/km

□□□□□/□□□: 313 (of 537)

□□□□□/□: 37 (of 97)

□□□□□□: 2:02:52

□□□□□: 5(of 17)

□□□□□□□: 2:41:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:41	5:57	2	0:16	26	4:42	3.30	19:41	5:57	2	0:16	26	4:42
Schlüsie	3.10	21:17	6:51	1	-	23	4:33	6.40	40:58	6:24	1	-	24	9:04
Hermannsklippe	2.60	19:27	7:28	2	0:34	26	5:01	9.00	1:00:25	6:42	1	-	23	13:40
Brocken	3.10	35:23	11:24	7	4:53	53	12:42	12.10	1:35:48	7:55	2	3:18	30	26:22
Eiserner Handwe	3.60	21:00	5:49	8	1:16	47	6:39	15.70	1:56:48	7:26	4	4:26	37	32:24
Schlüsie	4.10	20:44	5:03	12	2:11	60	7:14	19.80	2:17:32	6:56	6	6:12	39	38:31
Loddenke	3.10	15:59	5:09	8	1:46	51	4:43	22.90	2:33:31	6:42	6	7:58	39	43:14
Ilseburg/Markt	3.30	16:39	5:02	3	0:18	30	4:04	26.20	2:50:10	6:29	5	8:16	37	47:18