



52. Brockenlauf

Ilseburg / 02.09.2023

□□□□

Li, Shule

□□: China Sport

□□: 258

□□: 26.20 km

26,2 km - Lauf

□□□□:

Männer (20-29 Jahre)

□□□: 2:50:41

□□: 9.14 km/h

□□□□: 6:31 min/km

□□□□□/□□□: 318 (of 537)

□□□□□/□: 280 (of 440)

□□□□□□: 1:41:44

□□□□□: 25(of 34)

□□□□□□□: 1:57:58

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:10	6:24	29	7:18	314	8:58	3.30	21:10	6:24	29	7:18	314	8:58	
Schlüsie	3.10	22:57	7:24	29	7:35	324	9:33	6.40	44:07	6:53	30	14:53	328	18:31	
Hermannsklippe	2.60	20:12	7:46	25	6:41	295	8:18	9.00	1:04:19	7:08	29	21:34	317	26:49	
Brocken	3.10	32:55	10:37	23	12:04	275	14:42	12.10	1:37:14	8:02	26	33:38	305	41:31	
Eiserner Handwe	3.60	20:24	5:39	24	5:53	256	7:48	15.70	1:57:38	7:29	24	38:33	289	49:19	
Schlüsie	4.10	18:27	4:30	17	5:02	201	6:30	19.80	2:16:05	6:52	22	41:52	279	55:49	
Loddenke	3.10	15:49	5:06	21	4:57	255	5:45	22.90	2:31:54	6:37	22	46:49	274	1:01:34	
Ilseburg/Markt	3.30	18:47	5:41	28	6:09	315	7:23	26.20	2:50:41	6:30	25	52:43	280	1:08:57	