



52. Brockenlauf

Ilseburg / 02.09.2023

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Hirsch, Matthias

□□: Wernigerode
 □□: 586

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M50 (50-54 Jahre)

□□□: 2:52:51

□□: 9.03 km/h
 □□□□: 6:36 min/km

□□□□□/□□□: 339 (of 537)

□□□□□/□: 294 (of 440)

□□□□□□: 1:41:44

□□□□□: 39(of 61)

□□□□□□□: 2:00:25

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□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	18:46	5:41	21	4:15	158	6:34	3.30	18:46	5:41	21	4:15	158	6:34
Schlüsie	3.10	21:24	6:54	33	5:15	236	8:00	6.40	40:10	6:16	28	9:09	189	14:34
Hermannsklippe	2.60	20:06	7:43	40	6:00	289	8:12	9.00	1:00:16	6:41	30	15:09	224	22:46
Brocken	3.10	35:02	11:18	45	12:32	347	16:49	12.10	1:35:18	7:52	36	27:15	275	39:35
Eiserner Handwe	3.60	19:22	5:22	29	5:23	202	6:46	15.70	1:54:40	7:18	36	32:22	262	46:21
Schlüsie	4.10	20:17	4:56	38	6:45	295	8:20	19.80	2:14:57	6:48	36	39:06	273	54:41
Loddenke	3.10	17:42	5:42	46	6:25	356	7:38	22.90	2:32:39	6:39	38	45:18	281	1:02:19
Ilseburg/Markt	3.30	20:12	6:07	49	7:15	362	8:48	26.20	2:52:51	6:35	39	52:26	294	1:11:07