



# 52. Brockenlauf

Ilseburg / 02.09.2023

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Zöllner, Stephanie

□□: Braunschweig  
 □□: 1097

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Seniorinnen W40 (40-44 Jahre)

□□□: 2:55:49

□□: 8.87 km/h  
 □□□□: 6:43 min/km

□□□□□/□□□: 366 (of 537)

□□□□□/□: 50 (of 97)

□□□□□□: 2:02:52

□□□□□: 9(of 12)

□□□□□□□: 2:13:55

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:28	6:30	9	4:56	49	6:29	3.30	21:28	6:30	9	4:56	49	6:29
Schlüsie	3.10	24:05	7:46	8	5:30	59	7:21	6.40	45:33	7:07	7	10:26	55	13:39
Hermannsklippe	2.60	21:17	8:11	9	5:08	50	6:51	9.00	1:06:50	7:25	8	15:34	55	20:05
Brocken	3.10	33:41	10:51	8	7:51	38	11:00	12.10	1:40:31	8:18	8	23:25	49	31:05
Eiserner Handwe	3.60	20:10	5:36	7	4:20	39	5:49	15.70	2:00:41	7:41	8	27:45	49	36:17
Schlüsie	4.10	20:50	5:04	11	6:06	66	7:20	19.80	2:21:31	7:08	9	33:51	51	42:30
Loddenke	3.10	16:28	5:18	11	4:14	59	5:12	22.90	2:37:59	6:53	9	38:05	51	47:42
Ilseburg/Markt	3.30	17:50	5:24	11	3:49	51	5:15	26.20	2:55:49	6:42	9	41:54	50	52:57