



52. Brockenlauf

Ilseburg / 02.09.2023

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Becker, Elke

□□: Barchfeld-Immelnborn
 □□: 48

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W55 (55-59 Jahre)

□□□: 2:57:04

□□: 8.81 km/h
 □□□□: 6:46 min/km

□□□□□/□□□: 375 (of 537)

□□□□□/□: 52 (of 97)

□□□□□□: 2:02:52

□□□□□: 9(of 17)

□□□□□□□: 2:41:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:21	6:28	7	1:56	47	6:22	3.30	21:21	6:28	7	1:56	47	6:22
Schlüsie	3.10	22:51	7:22	6	1:34	41	6:07	6.40	44:12	6:54	8	3:14	47	12:18
Hermannsklippe	2.60	20:52	8:01	7	1:59	45	6:26	9.00	1:05:04	7:13	6	4:39	46	18:19
Brocken	3.10	34:16	11:03	5	3:46	43	11:35	12.10	1:39:20	8:12	7	6:50	45	29:54
Eiserner Handwe	3.60	20:53	5:48	7	1:09	46	6:32	15.70	2:00:13	7:39	7	7:51	48	35:49
Schlüsie	4.10	19:53	4:50	8	1:20	49	6:23	19.80	2:20:06	7:04	7	8:46	46	41:05
Loddenke	3.10	16:40	5:22	11	2:27	63	5:24	22.90	2:36:46	6:50	7	11:13	48	46:29
Ilseburg/Markt	3.30	20:18	6:09	13	3:57	76	7:43	26.20	2:57:04	6:45	9	15:10	52	54:12