



52. Brockenlauf

Ilseburg / 02.09.2023

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Nolte, Viktoria

□□: TV Altendorf-Ersdorf
 □□: 306

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W45 (45-49 Jahre)

□□□: 3:00:27

□□: 8.71 km/h
 □□□□: 6:53 min/km

□□□□□/□□□: 400 (of 537)

□□□□□/□: 56 (of 97)

□□□□□□: 2:02:52

□□□□□: 7(of 16)

□□□□□□□: 2:29:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:28	6:48	9	5:34	67	7:29	3.30	22:28	6:48	9	5:34	67	7:29
Schlüsie	3.10	24:17	7:50	9	4:34	61	7:33	6.40	46:45	7:18	9	10:08	66	14:51
Hermannsklippe	2.60	22:34	8:40	10	4:54	65	8:08	9.00	1:09:19	7:42	10	15:02	67	22:34
Brocken	3.10	37:03	11:57	9	8:47	65	14:22	12.10	1:46:22	8:47	10	23:49	66	36:56
Eiserner Handwe	3.60	19:46	5:29	5	2:06	32	5:25	15.70	2:06:08	8:02	7	24:56	58	41:44
Schlüsie	4.10	19:59	4:52	5	1:58	50	6:29	19.80	2:26:07	7:22	7	26:46	58	47:06
Loddenke	3.10	16:16	5:14	7	2:22	56	5:00	22.90	2:42:23	7:05	7	28:39	56	52:06
Ilseburg/Markt	3.30	18:04	5:28	8	2:52	53	5:29	26.20	3:00:27	6:53	7	30:46	56	57:35