



52. Brockenlauf

Ilseburg / 02.09.2023

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Eyermann, Heike

□□: Brockenlaufverein
 □□: 111

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W50 (50-54 Jahre)

□□□: 3:02:27

□□: 8.55 km/h
 □□□□: 6:58 min/km

□□□□□/□□□: 415 (of 537)

□□□□□/□: 59 (of 97)

□□□□□□: 2:02:52

□□□□□: 8(of 10)

□□□□□□□: 2:20:30

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:32	6:31	6	3:40	51	6:33	3.30	21:32	6:31	6	3:40	51	6:33
Schlüsie	3.10	23:05	7:26	6	4:58	46	6:21	6.40	44:37	6:58	7	8:38	51	12:43
Hermannsklippe	2.60	20:43	7:58	5	4:43	40	6:17	9.00	1:05:20	7:15	7	13:21	49	18:35
Brocken	3.10	36:50	11:52	7	10:26	63	14:09	12.10	1:42:10	8:26	7	23:47	52	32:44
Eiserner Handwe	3.60	21:22	5:56	5	5:30	53	7:01	15.70	2:03:32	7:52	7	29:17	53	39:08
Schlüsie	4.10	21:05	5:08	7	4:10	67	7:35	19.80	2:24:37	7:18	7	33:27	54	45:36
Loddenke	3.10	17:29	5:38	8	3:51	70	6:13	22.90	2:42:06	7:04	7	37:18	55	51:49
Ilseburg/Markt	3.30	20:21	6:10	8	4:39	77	7:46	26.20	3:02:27	6:57	8	41:57	59	59:35