



# 52. Brockenlauf

Ilsenburg / 02.09.2023

□□□□

**Hartwig, Karin**

□□: Faaborg Ski og Motion  
 □□: 166

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Seniorinnen W60 (60-64 Jahre)

□□□: 3:05:39

□□: 8.40 km/h  
 □□□□: 7:05 min/km

□□□□□/□□□: 433 (of 537)

□□□□□/□: 66 (of 97)

□□□□□□: 2:02:52

□□□□□: 3(of 4)

□□□□□□□: 2:48:46

□□□□

□□□□

□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 22:52    | 6:55         | 3       | 2:10    | 73      | 7:53    | 3.30  | 22:52     | 6:55          | 3       | 2:10    | 73      | 7:53    |
| Schlüsie        | 3.10     | 24:49    | 8:00         | 3       | 1:50    | 65      | 8:05    | 6.40  | 47:41     | 7:27          | 3       | 4:00    | 69      | 15:47   |
| Hermannsklippe  | 2.60     | 21:18    | 8:11         | 3       | 0:39    | 51      | 6:52    | 9.00  | 1:08:59   | 7:39          | 3       | 4:39    | 63      | 22:14   |
| Brocken         | 3.10     | 37:24    | 12:03        | 4       | 4:12    | 73      | 14:43   | 12.10 | 1:46:23   | 8:47          | 3       | 8:51    | 67      | 36:57   |
| Eiserner Handwe | 3.60     | 22:05    | 6:08         | 2       | 3:08    | 64      | 7:44    | 15.70 | 2:08:28   | 8:10          | 3       | 11:59   | 64      | 44:04   |
| Schlüsie        | 4.10     | 21:11    | 5:10         | 2       | 2:27    | 68      | 7:41    | 19.80 | 2:29:39   | 7:33          | 3       | 14:26   | 65      | 50:38   |
| Loddenke        | 3.10     | 15:54    | 5:07         | 2       | 0:02    | 47      | 4:38    | 22.90 | 2:45:33   | 7:13          | 3       | 14:28   | 65      | 55:16   |
| Ilsenburg/Markt | 3.30     | 20:06    | 6:05         | 2       | 2:25    | 75      | 7:31    | 26.20 | 3:05:39   | 7:05          | 3       | 16:53   | 66      | 1:02:47 |