



52. Brockenlauf

Ilseburg / 02.09.2023

□□□□

Köhler, Luca

□□: Nobitz
 □□: 537

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Männer (20-29 Jahre)

□□□: 3:07:48

□□: 8.31 km/h
 □□□□: 7:10 min/km

□□□□□/□□□: 441 (of 537)

□□□□□/□: 374 (of 440)

□□□□□□: 1:41:44

□□□□□: 31(of 34)

□□□□□□□: 1:57:58

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:45	5:59	21	5:53	230	7:33	3.30	19:45	5:59	21	5:53	230	7:33	
Schlüsie	3.10	22:54	7:23	28	7:32	321	9:30	6.40	42:39	6:39	26	13:25	286	17:03	
Hermannsklippe	2.60	21:39	8:19	30	8:08	360	9:45	9.00	1:04:18	7:08	28	21:33	316	26:48	
Brocken	3.10	34:05	10:59	26	13:14	316	15:52	12.10	1:38:23	8:07	30	34:47	323	42:40	
Eiserner Handwe	3.60	19:51	5:30	21	5:20	230	7:15	15.70	1:58:14	7:31	27	39:09	296	49:55	
Schlüsie	4.10	28:36	6:58	34	15:11	435	16:39	19.80	2:26:50	7:24	31	52:37	363	1:06:34	
Loddenke	3.10	22:00	7:05	34	11:08	428	11:56	22.90	2:48:50	7:22	31	1:03:45	380	1:18:30	
Ilseburg/Markt	3.30	18:58	5:44	29	6:20	325	7:34	26.20	3:07:48	7:10	31	1:09:50	374	1:26:04	