



52. Brockenlauf

Ilseburg / 02.09.2023

□□□□

Eggert, Irmgard

□□: Rennsteiglaufverein
 □□: 320

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W70 (70-74 Jahre)

□□□: 3:09:08

□□: 8.25 km/h
 □□□□: 7:13 min/km

□□□□□/□□□: 450 (of 537)

□□□□□/□: 69 (of 97)

□□□□□□: 2:02:52

□□□□□: 1(of 2)

□□□□□□□: 3:09:08

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:57	6:57	1	-	74	7:58	3.30	22:57	6:57	1	-	74	7:58	
Schlüsie	3.10	27:02	8:43	2	0:41	88	10:18	6.40	49:59	7:48	1	-	83	18:05	
Hermannsklippe	2.60	24:45	9:31	1	-	88	10:19	9.00	1:14:44	8:18	1	-	86	27:59	
Brocken	3.10	37:22	12:03	1	-	72	14:41	12.10	1:52:06	9:15	1	-	79	42:40	
Eiserner Handwe	3.60	21:12	5:53	1	-	50	6:51	15.70	2:13:18	8:29	1	-	74	48:54	
Schlüsie	4.10	20:14	4:56	1	-	54	6:44	19.80	2:33:32	7:45	1	-	70	54:31	
Loddenke	3.10	16:53	5:26	1	-	68	5:37	22.90	2:50:25	7:26	1	-	69	1:00:08	
Ilseburg/Markt	3.30	18:43	5:40	1	-	61	6:08	26.20	3:09:08	7:13	1	-	69	1:06:16	