



# 52. Brockenlauf

Ilseburg / 02.09.2023

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Wadehn, Martina

□□: Darlingerode

□□: 448

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W35 (35-39 Jahre)

□□□: 3:12:09

□□: 8.12 km/h

□□□□: 7:20 min/km

□□□□□/□□□: 458 (of 537)

□□□□□/□: 72 (of 97)

□□□□□□: 2:02:52

□□□□□: 12(of 15)

□□□□□□□: 2:02:52

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:06	6:41	12	6:31	64	7:07	3.30	22:06	6:41	12	6:31	64	7:07	
Schlüsie	3.10	26:03	8:24	13	9:19	77	9:19	6.40	48:09	7:31	13	15:50	72	16:15	
Hermannsklippe	2.60	23:16	8:56	12	8:50	71	8:50	9.00	1:11:25	7:56	13	24:40	73	24:40	
Brocken	3.10	37:51	12:12	13	15:10	78	15:10	12.10	1:49:16	9:01	13	39:50	73	39:50	
Eiserner Handwe	3.60	21:45	6:02	10	6:47	59	7:24	15.70	2:11:01	8:20	13	46:37	72	46:37	
Schlüsie	4.10	22:37	5:30	13	8:00	80	9:07	19.80	2:33:38	7:45	12	54:37	71	54:37	
Loddenke	3.10	18:35	5:59	14	7:19	81	7:19	22.90	2:52:13	7:31	12	1:01:56	72	1:01:56	
Ilseburg/Markt	3.30	19:56	6:02	13	7:21	70	7:21	26.20	3:12:09	7:20	12	1:09:17	72	1:09:17	