



52. Brockenlauf

Ilseburg / 02.09.2023

□□□□

Schuster, Caroline

□□: Ilseburg

□□: 389

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W35 (35-39 Jahre)

□□□: 3:12:57

□□: 8.08 km/h

□□□□: 7:22 min/km

□□□□□/□□□: 461 (of 537)

□□□□□/□: 73 (of 97)

□□□□□□: 2:02:52

□□□□□: 13(of 15)

□□□□□□□: 2:02:52

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:41	6:34	10	6:06	58	6:42	3.30	21:41	6:34	10	6:06	58	6:42	
Schlüsie	3.10	24:45	7:59	11	8:01	64	8:01	6.40	46:26	7:15	11	14:07	63	14:32	
Hermannsklippe	2.60	22:31	8:39	10	8:05	64	8:05	9.00	1:08:57	7:39	10	22:12	62	22:12	
Brocken	3.10	37:50	12:12	12	15:09	77	15:09	12.10	1:46:47	8:49	11	37:21	68	37:21	
Eiserner Handwe	3.60	24:09	6:42	12	9:11	80	9:48	15.70	2:10:56	8:20	12	46:32	70	46:32	
Schlüsie	4.10	24:09	5:53	15	9:32	87	10:39	19.80	2:35:05	7:49	13	56:04	73	56:04	
Loddenke	3.10	17:54	5:46	13	6:38	74	6:38	22.90	2:52:59	7:33	13	1:02:42	73	1:02:42	
Ilseburg/Markt	3.30	19:58	6:03	14	7:23	71	7:23	26.20	3:12:57	7:21	13	1:10:05	73	1:10:05	