



52. Brockenlauf

Ilseburg / 02.09.2023

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Krüger, Oliver

□□: Halle

□□: 240

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M35 (35-39 Jahre)

□□□: 3:17:26

□□: 7.90 km/h

□□□□: 7:32 min/km

□□□□□/□□□: 482 (of 537)

□□□□□/□: 401 (of 440)

□□□□□□: 1:41:44

□□□□□: 64(of 65)

□□□□□□□: 1:52:36

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 22:47 | 6:54 | 61 | 9:15 | 399 | 10:35 | 3.30 | 22:47 | 6:54 | 61 | 9:15 | 399 | 10:35 |
| Schlüsie | 3.10 | 23:21 | 7:31 | 56 | 8:35 | 344 | 9:57 | 6.40 | 46:08 | 7:12 | 59 | 17:38 | 372 | 20:32 |
| Hermannsklippe | 2.60 | 22:19 | 8:34 | 60 | 9:26 | 378 | 10:25 | 9.00 | 1:08:27 | 7:36 | 59 | 27:04 | 374 | 30:57 |
| Brocken | 3.10 | 35:01 | 11:17 | 59 | 14:15 | 345 | 16:48 | 12.10 | 1:43:28 | 8:33 | 61 | 41:19 | 372 | 47:45 |
| Eiserner Handwe | 3.60 | 23:14 | 6:27 | 60 | 10:07 | 372 | 10:38 | 15.70 | 2:06:42 | 8:04 | 60 | 50:51 | 372 | 58:23 |
| Schlüsie | 4.10 | 26:19 | 6:25 | 65 | 13:22 | 428 | 14:22 | 19.80 | 2:33:01 | 7:43 | 62 | 1:04:02 | 387 | 1:12:45 |
| Loddenke | 3.10 | 22:14 | 7:10 | 65 | 11:24 | 429 | 12:10 | 22.90 | 2:55:15 | 7:39 | 62 | 1:15:11 | 395 | 1:24:55 |
| Ilseburg/Markt | 3.30 | 22:11 | 6:43 | 62 | 10:25 | 413 | 10:47 | 26.20 | 3:17:26 | 7:32 | 64 | 1:24:50 | 401 | 1:35:42 |