



52. Brockenlauf

Ilseburg / 02.09.2023

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Prey, Kristina

□□: Ribnitz-Damgarten

□□: 326

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W35 (35-39 Jahre)

□□□: 3:19:14

□□: 7.83 km/h

□□□□: 7:36 min/km

□□□□□/□□□: 490 (of 537)

□□□□□/□: 84 (of 97)

□□□□□□: 2:02:52

□□□□□: 14(of 15)

□□□□□□□: 2:02:52

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	23:12	7:01	14	7:37	80	8:13	3.30	23:12	7:01	14	7:37	80	8:13	
Schlüsie	3.10	26:08	8:25	14	9:24	79	9:24	6.40	49:20	7:42	14	17:01	80	17:26	
Hermannsklippe	2.60	24:01	9:14	14	9:35	81	9:35	9.00	1:13:21	8:08	14	26:36	79	26:36	
Brocken	3.10	36:43	11:50	11	14:02	61	14:02	12.10	1:50:04	9:05	14	40:38	75	40:38	
Eiserner Handwe	3.60	24:18	6:45	13	9:20	81	9:57	15.70	2:14:22	8:33	14	49:58	76	49:58	
Schlüsie	4.10	22:57	5:35	14	8:20	83	9:27	19.80	2:37:19	7:56	14	58:18	76	58:18	
Loddenke	3.10	19:44	6:21	15	8:28	91	8:28	22.90	2:57:03	7:43	14	1:06:46	80	1:06:46	
Ilseburg/Markt	3.30	22:11	6:43	15	9:36	90	9:36	26.20	3:19:14	7:36	14	1:16:22	84	1:16:22	