



# 52. Brockenlauf

Ilseburg / 02.09.2023

□□□□

**Wagner-Lecoutre, Claudia**

□□: Team Zottelbärte  
 □□: 451

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Seniorinnen W45 (45-49 Jahre)

□□□: 3:20:26

□□: 7.78 km/h  
 □□□□: 7:39 min/km

□□□□□/□□□: 492 (of 537)

□□□□□/□: 85 (of 97)

□□□□□□: 2:02:52

□□□□□: 13(of 16)

□□□□□□□: 2:29:41

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	23:18	7:03	14	6:24	83	8:19	3.30	23:18	7:03	14	6:24	83	8:19	
Schlüsie	3.10	25:19	8:09	11	5:36	73	8:35	6.40	48:37	7:35	11	12:00	75	16:43	
Hermannsklippe	2.60	22:36	8:41	11	4:56	66	8:10	9.00	1:11:13	7:54	11	16:56	72	24:28	
Brocken	3.10	36:43	11:50	8	8:27	61	14:02	12.10	1:47:56	8:55	11	25:23	70	38:30	
Eiserner Handwe	3.60	25:22	7:02	14	7:42	88	11:01	15.70	2:13:18	8:29	11	32:06	74	48:54	
Schlüsie	4.10	25:22	6:11	14	7:21	90	11:52	19.80	2:38:40	8:00	12	39:19	81	59:39	
Loddenke	3.10	20:09	6:29	15	6:15	92	8:53	22.90	2:58:49	7:48	13	45:05	84	1:08:32	
Ilseburg/Markt	3.30	21:37	6:33	14	6:25	88	9:02	26.20	3:20:26	7:39	13	50:45	85	1:17:34	