



52. Brockenlauf

Ilseburg / 02.09.2023

□□□□

Schütte, Kerstin

□□: Lüneburg

□□: 390

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W45 (45-49 Jahre)

□□□: 3:24:14

□□: 7.64 km/h

□□□□: 7:48 min/km

□□□□□/□□□: 504 (of 537)

□□□□□/□: 88 (of 97)

□□□□□□: 2:02:52

□□□□□: 14(of 16)

□□□□□□□: 2:29:41

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	24:49	7:31	16	7:55	94	9:50	3.30	24:49	7:31	16	7:55	94	9:50	
Schlüsie	3.10	26:13	8:27	13	6:30	81	9:29	6.40	51:02	7:58	15	14:25	88	19:08	
Hermannsklippe	2.60	23:36	9:04	13	5:56	76	9:10	9.00	1:14:38	8:17	15	20:21	84	27:53	
Brocken	3.10	37:03	11:57	9	8:47	65	14:22	12.10	1:51:41	9:13	12	29:08	78	42:15	
Eiserner Handwe	3.60	26:12	7:16	15	8:32	90	11:51	15.70	2:17:53	8:46	13	36:41	83	53:29	
Schlüsie	4.10	25:40	6:15	15	7:39	92	12:10	19.80	2:43:33	8:15	15	44:12	88	1:04:32	
Loddenke	3.10	19:43	6:21	14	5:49	90	8:27	22.90	3:03:16	8:00	15	49:32	88	1:12:59	
Ilseburg/Markt	3.30	20:58	6:21	13	5:46	81	8:23	26.20	3:24:14	7:47	14	54:33	88	1:21:22	