



# 52. Brockenlauf

Ilseburg / 02.09.2023

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Wöhlert, Heinz

□□: Aschersleben  
 □□: 120

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Senioren M70 (70-74 Jahre)

□□□: 3:31:23

□□: 7.38 km/h  
 □□□□: 8:04 min/km

□□□□□/□□□□: 519 (of 537)

□□□□□/□: 427 (of 440)

□□□□□□: 1:41:44

□□□□□: 4(of 6)

□□□□□□□: 2:57:55

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	23:47	7:12	4	2:47	425	11:35	3.30	23:47	7:12	4	2:47	425	11:35
Schlüsie	3.10	26:06	8:25	4	2:46	413	12:42	6.40	49:53	7:47	4	5:33	422	24:17
Hermannsklippe	2.60	24:06	9:16	4	2:16	414	12:12	9.00	1:13:59	8:13	4	7:48	419	36:29
Brocken	3.10	41:23	13:20	5	6:38	422	23:10	12.10	1:55:22	9:32	4	12:59	422	59:39
Eiserner Handwe	3.60	26:06	7:15	6	4:51	415	13:30	15.70	2:21:28	9:00	4	17:50	422	1:13:09
Schlüsie	4.10	24:12	5:54	3	4:22	410	12:15	19.80	2:45:40	8:22	4	22:12	423	1:25:24
Loddenke	3.10	20:55	6:44	4	4:39	420	10:51	22.90	3:06:35	8:08	4	26:51	423	1:36:15
Ilseburg/Markt	3.30	24:48	7:30	6	6:37	432	13:24	26.20	3:31:23	8:04	4	33:28	427	1:49:39