



52. Brockenlauf
Ilseburg / 02.09.2023

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Vesterby, Alis

□□: Faaborg Ski og Motion

□□: 443

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W70 (70-74 Jahre)

□□□: 3:41:57

□□: 7.03 km/h

□□□□: 8:28 min/km

□□□□□/□□□: 527 (of 537)

□□□□□/□: 93 (of 97)

□□□□□□: 2:02:52

□□□□□: 2(of 2)

□□□□□□□: 3:09:08

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	24:29	7:25	2	1:32	91	9:30	3.30	24:29	7:25	2	1:32	91	9:30	
Schlüsie	3.10	26:21	8:30	1	-	82	9:37	6.40	50:50	7:56	2	0:51	87	18:56	
Hermannsklippe	2.60	24:48	9:32	2	0:03	89	10:22	9.00	1:15:38	8:24	2	0:54	90	28:53	
Brocken	3.10	45:17	14:36	2	7:55	95	22:36	12.10	2:00:55	9:59	2	8:49	93	51:29	
Eiserner Handwe	3.60	25:53	7:11	2	4:41	89	11:32	15.70	2:26:48	9:21	2	13:30	94	1:02:24	
Schlüsie	4.10	23:36	5:45	2	3:22	85	10:06	19.80	2:50:24	8:36	2	16:52	94	1:11:23	
Loddenke	3.10	23:10	7:28	2	6:17	96	11:54	22.90	3:13:34	8:27	2	23:09	93	1:23:17	
Ilseburg/Markt	3.30	28:23	8:36	2	9:40	96	15:48	26.20	3:41:57	8:28	2	32:49	93	1:39:05	