



52. Brockenlauf

Ilseburg / 02.09.2023

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Leineweber, Kerstin

□□: Hannover
 □□: 598

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W45 (45-49 Jahre)

□□□: 3:44:44

□□: 6.94 km/h
 □□□□: 8:35 min/km

□□□□□/□□□□: 529 (of 537)

□□□□□/□: 94 (of 97)

□□□□□□: 2:02:52

□□□□□: 16(of 16)

□□□□□□□: 2:29:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:45	6:53	11	5:51	72	7:46	3.30	22:45	6:53	11	5:51	72	7:46
Schlüsie	3.10	26:57	8:41	15	7:14	86	10:13	6.40	49:42	7:45	13	13:05	81	17:48
Hermannsklippe	2.60	24:28	9:24	16	6:48	84	10:02	9.00	1:14:10	8:14	14	19:53	83	27:25
Brocken	3.10	39:28	12:43	13	11:12	83	16:47	12.10	1:53:38	9:23	14	31:05	84	44:12
Eiserner Handwe	3.60	29:07	8:05	16	11:27	97	14:46	15.70	2:22:45	9:05	16	41:33	91	58:21
Schlüsie	4.10	26:51	6:32	16	8:50	95	13:21	19.80	2:49:36	8:33	16	50:15	93	1:10:35
Loddenke	3.10	25:35	8:15	16	11:41	97	14:19	22.90	3:15:11	8:31	16	1:01:27	94	1:24:54
Ilseburg/Markt	3.30	29:33	8:57	16	14:21	97	16:58	26.20	3:44:44	8:34	16	1:15:03	94	1:41:52