



DGI Trailseries Silkeborg
Vesterskoven / 18.08.2023-18.08.2023

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Holdt, Frida

□□□: 10:42.31

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Silkeborg 2023 - Sport

□□□□□: 76 (of 104)

□□□□□□: 8:32.23

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Ungdom Pige - S

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Stage 1	2:48.80	1	-	73	0:35.51					
Stage 2	0:47.08	1	-	76	0:11.04					
Stage 3	2:16.25	1	-	70	0:26.25					
Stage 4	1:24.84	1	-	83	0:20.60					
Stage 5	1:57.85	1	-	81	0:23.31					
Stage 7	0:52.28	1	-	77	0:12.38					
Stage 8	0:35.21	1	-	75	0:07.71					