



DGI Trailseries Silkeborg
Vesterskoven / 18.08.2023-18.08.2023

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Holdt, Frida

□□□: 10:42.31

□□: 3

Silkeborg 2023 - Sport

□□□□□: 76 (of 104)

□□□□□□: 8:32.23

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Ungdom Pige - S

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| Stage 1 | 2:48.80 | 1 | - | 73 | 0:35.51 | | | | | |
| Stage 2 | 0:47.08 | 1 | - | 76 | 0:11.04 | | | | | |
| Stage 3 | 2:16.25 | 1 | - | 70 | 0:26.25 | | | | | |
| Stage 4 | 1:24.84 | 1 | - | 83 | 0:20.60 | | | | | |
| Stage 5 | 1:57.85 | 1 | - | 81 | 0:23.31 | | | | | |
| Stage 7 | 0:52.28 | 1 | - | 77 | 0:12.38 | | | | | |
| Stage 8 | 0:35.21 | 1 | - | 75 | 0:07.71 | | | | | |