



DGI Trailseries Silkeborg
Vesterskoven / 18.08.2023-18.08.2023

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Bondo, Steen

□□□: 11:32.97

□□: 60

Silkeborg 2023 - Motion

□□□□□: 7 (of 43)

□□□□□□: 10:20.19

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□□□□□: 5(of 19)

H40 - M

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| Stage 1 | 2:42.59 | 3 | 0:15.38 | 5 | 0:15.38 | | | | | |
| Stage 2 | 0:45.97 | 5 | 0:05.04 | 10 | 0:05.04 | | | | | |
| Stage 3 | 2:14.10 | 7 | 0:14.45 | 10 | 0:14.45 | | | | | |
| Stage 4 | 1:18.94 | 3 | 0:06.53 | 8 | 0:06.53 | | | | | |
| Stage 5 | 1:52.94 | 6 | 0:11.49 | 11 | 0:11.49 | | | | | |
| Stage 6 | 2:38.43 | 7 | 0:19.89 | 12 | 0:19.89 | | | | | |