



DGI Trailseries Silkeborg  
Vesterskoven / 18.08.2023-18.08.2023

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Ruth, Sigurd Lykkebjerg

□□□: 15:05.19

□□: 102

Silkeborg 2023 - Motion

□□□□□: 30 (of 43)

□□□□□□: 10:20.19

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□□□□□: 3(of 4)

Ungdom Dreng - M

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Stage 1	4:53.51	3	2:15.11	36	2:26.30					
Stage 2	0:52.53	3	0:07.64	20	0:11.60					
Stage 3	2:33.75	3	0:14.06	22	0:34.10					
Stage 4	1:30.41	3	0:13.12	22	0:18.00					
Stage 5	2:11.56	3	0:21.31	26	0:30.11					
Stage 6	3:03.43	3	0:30.56	22	0:44.89					