



DGI Trailseries Silkeborg  
Vesterskoven / 18.08.2023-18.08.2023

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Fromm, Alexandra

□□□: 12:06.57

□□: 527

Silkeborg 2023 - Sport

□□□□□: 96 (of 104)

□□□□□□: 8:32.23

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Stage 1	3:12.56	10	0:39.46	95	0:59.27					
Stage 2	0:53.06	10	0:10.44	98	0:17.02					
Stage 3	2:33.49	9	0:27.44	97	0:43.49					
Stage 4	1:29.85	10	0:14.25	96	0:25.61					
Stage 5	2:11.75	10	0:27.05	99	0:37.21					
Stage 7	1:02.77	10	0:16.94	96	0:22.87					
Stage 8	0:43.09	10	0:10.34	98	0:15.59					