



DGI Trailseries Silkeborg
Vesterskoven / 18.08.2023-18.08.2023

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Knudsen, Ida

□□□: 9:43.25

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Silkeborg 2023 - Sport

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□□□□□□: 8:32.23

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Stage 1	2:33.10	1	-	32	0:19.81					
Stage 2	0:42.62	1	-	35	0:06.58					
Stage 3	2:06.05	1	-	37	0:16.05					
Stage 4	1:17.16	3	0:01.56	54	0:12.92					
Stage 5	1:44.70	1	-	31	0:10.16					
Stage 7	0:46.87	2	0:01.04	41	0:06.97					
Stage 8	0:32.75	1	-	44	0:05.25					