



7. Erfurter Campuslauf  
Erfurt / 28.06.2023

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Hänel, Nino

□□: Schlünamo

□□: 119

□□: 10.00 km

Hauptlauf

□□□□:

Männer (20-29 Jahre)

□□□: 52:01

□□: 11.53 km/h

□□□□: 5:12 min/km

□□□□□/□□□: 35 (of 61)

□□□□□/□: 31 (of 50)

□□□□□□: 33:36

□□□□□: 14(of 24)

□□□□□□□: 34:21

□□□□

□□□□

□□□

| □□□   | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Runde | 2.00     | 9:17     | 4:38         | 14      | 2:41    | 25      | 2:41    | 2.00  | 9:17      | 4:38          | 14      | 2:41    | 25      | 2:41    |
| Runde | 2.00     | 9:58     | 4:59         | 13      | 3:16    | 28      | 3:18    | 4.00  | 19:15     | 4:48          | 14      | 5:57    | 28      | 5:59    |
| Runde | 2.00     | 10:33    | 5:16         | 15      | 3:36    | 32      | 3:46    | 6.00  | 29:48     | 4:58          | 14      | 9:33    | 29      | 9:45    |
| Runde | 2.00     | 11:21    | 5:40         | 18      | 4:20    | 37      | 4:32    | 8.00  | 41:09     | 5:08          | 15      | 13:50   | 31      | 14:17   |
| Ziel  | 2.00     | 10:52    | 5:26         | 17      | 3:54    | 36      | 4:08    | 10.00 | 52:01     | 5:12          | 14      | 17:40   | 31      | 18:25   |