



Grinduro Japan
Hakuba / 08.10.2023

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Seino, Itsuomi

□□□: 1:09:12.49

□□: 162

Grinduro

□□□□□: 152 (of 378)

□□□□□□: 35:17.67

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□□□□□: 53(of 119)

Men 41-50

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Stage 1	20:59.05	42	6:58.50	119	10:25.87	20:59.05	42	6:58.50	119	10:25.87
Stage 2	7:37.04	70	3:35.77	208	3:46.47	28:36.09	52	10:34.27	140	13:52.48
Stage 3	6:36.93	60	2:06.98	166	2:32.96	35:13.02	48	12:10.23	129	15:00.75
Stage 4	33:59.47	64	23:44.69	196	23:44.69	1:09:12.49	53	29:58.79	152	33:54.82