



Grinduro Japan  
Hakuba / 08.10.2023

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Muramatsu, Yoko

□□□: 1:08:54.92

□□: 279

Grinduro

□□□□□: 150 (of 378)

□□□□□□: 35:17.67

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□□□□□: 5(of 23)

Women 41-50

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Stage 1	29:00.22	11	9:56.87	254	18:27.04	29:00.22	11	9:56.87	254	18:27.04
Stage 2	7:39.39	10	2:13.33	211	3:48.82	36:39.61	10	12:10.20	225	21:56.00
Stage 3	6:00.40	3	0:21.15	117	1:56.43	42:40.01	7	12:12.32	202	22:27.74
Stage 4	26:14.91	4	2:45.50	120	16:00.13	1:08:54.92	5	13:22.20	150	33:37.25