



18 Lorsche Triathlon

Lorsch / 13.08.2023

Team

Team Bähring, Hufnagel, Gärtner

Time: 1:20:15

Rank: 394

Distance: 25.50 km

Triathlonstaffel

Participants: 28 (of 42)

Team Time: 58:28

Category:

Participants: 17 (of 25)

Mixed-Staffel

Team Time: 58:28

Rank

Rank

Rank

	km	min/km	-	-	min	min	km	min/km	-	-	min	min		
Schwimmen nett	0.50	12:52	25:44	17	5:47	29	5:47	0.50	12:52	25:44	17	5:47	29	5:47
Wechsel S -> R	-	1:55	-	21	0:40	34	0:46	0.50	14:47	29:33	19	6:25	31	6:25
Schwimmen gesamt	0.50	14:47	29:33	19	6:25	31	6:25	0.50	14:47	29:33	19	6:25	31	6:25
Rad netto	20.00	41:40	2:04	21	12:04	34	12:04	20.50	56:27	2:45	23	18:03	36	18:03
Wechsel R -> L	-	0:37	-	22	0:13	34	0:13	20.50	57:04	2:47	23	18:07	36	18:07
Rad gesamt	20.00	42:17	2:06	21	12:08	34	12:08	20.50	57:04	2:47	23	18:07	36	18:07
Lauf	5.00	23:11	4:38	11	5:58	16	7:48	25.50	1:20:15	3:08	17	21:47	28	21:47