



18 Lorsch Triathlon

Lorsch / 13.08.2023

Team

Team Afterburner

Time: 1:25:48

Number: 414

Distance: 25.50 km

Triathlonstaffel

Participants: 35 (of 42)

Time: 58:28

Category: Mixed-Staffel

Participants: 21 (of 25)

Time: 58:28

Swimming

Cycling

Running

	km	Time	min/km	-	-	Rank	Time	km	Time	min/km	-	-	Rank	Time
Schwimmen nett	0.50	11:39	23:18	15	4:34	24	4:34	0.50	11:39	23:18	15	4:34	24	4:34
Wechsel S -> R	-	1:23	-	6	0:08	10	0:14	0.50	13:02	26:03	15	4:40	23	4:40
Schwimmen Staff	0.50	13:02	26:03	15	4:40	23	4:40	0.50	13:02	26:03	15	4:40	23	4:40
Rad netto	20.00	40:28	2:01	17	10:52	29	10:52	20.50	53:30	2:36	18	15:06	27	15:06
Wechsel R -> L	-	0:31	-	13	0:07	18	0:07	20.50	54:01	2:38	18	15:04	26	15:04
Rad Staff	20.00	40:59	2:02	17	10:50	29	10:50	20.50	54:01	2:38	18	15:04	26	15:04
Lauf	5.00	31:47	6:21	23	14:34	37	16:24	25.50	1:25:48	3:21	21	27:20	35	27:20