



18 Lorscher Triathlon

Lorsch / 13.08.2023

0000

Andy Bech

000: 1:35:53

00: Wiesel Inklusion

00: 1

00: 25.50 km

Lorscher Triathlon 0,5-20,5,0

00000/000: 313 (of 343)

00000/0: 243 (of 262)

000000: 58:32

0000:

männliche AK 4 (TM 35)

00000: 22(of 23)

0000000: 1:02:13

0000

0000

000

| 000 | 00 km | 00 00 | 00 min/km | 00 - | 00 - | 00 0 | 00 0 | 000 | 000 00 | 000 min/km | 00 - | 00 - | 00 0 | 00 0 |
|----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Schwimmen nett | 0.50 | 14:24 | 28:48 | 20 | 6:04 | 236 | 7:27 | 0.50 | 14:24 | 28:48 | 20 | 6:04 | 263 | 7:27 |
| Wechsel S -> R | - | 3:07 | - | 18 | 1:36 | 175 | 1:51 | 0.50 | 17:31 | 35:01 | 20 | 7:34 | 263 | 9:05 |
| Schwimmen 000 | 0.50 | 17:31 | 35:01 | 20 | 7:34 | 263 | 9:05 | 0.50 | 17:31 | 35:01 | 20 | 7:34 | 263 | 9:05 |
| Rad netto | 20.00 | 51:42 | 2:35 | 23 | 19:46 | 260 | 27:18 | 20.50 | 1:09:13 | 3:22 | 23 | 27:20 | 263 | 30:57 |
| Wechsel R -> L | - | 1:09 | - | 12 | 0:28 | 140 | 0:42 | 20.50 | 1:10:22 | 3:25 | 23 | 27:48 | 263 | 31:14 |
| Rad 000 | 20.00 | 52:51 | 2:38 | 23 | 20:14 | 259 | 27:42 | 20.50 | 1:10:22 | 3:25 | 23 | 27:48 | 263 | 31:14 |
| Lauf Ziel | 5.00 | 25:31 | 5:06 | 14 | 6:14 | 153 | 25:31 | 25.50 | 1:35:53 | 3:45 | 22 | 33:40 | 243 | 37:21 |