



# 18 Lorscher Triathlon

Lorsch / 13.08.2023

0000

Andy Bech

000: 1:35:53

00: Wiesel Inklusion

00: 1

00: 25.50 km

Lorscher Triathlon 0,5-20,5,0

00000/000: 313 (of 343)

00000/0: 243 (of 262)

000000: 58:32

0000:

männliche AK 4 (TM 35)

00000: 22(of 23)

0000000: 1:02:13

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	14:24	28:48	20	6:04	236	7:27	0.50	14:24	28:48	20	6:04	263	7:27
Wechsel S -> R	-	3:07	-	18	1:36	175	1:51	0.50	17:31	35:01	20	7:34	263	9:05
Schwimmen 000	0.50	17:31	35:01	20	7:34	263	9:05	0.50	17:31	35:01	20	7:34	263	9:05
Rad netto	20.00	51:42	2:35	23	19:46	260	27:18	20.50	1:09:13	3:22	23	27:20	263	30:57
Wechsel R -> L	-	1:09	-	12	0:28	140	0:42	20.50	1:10:22	3:25	23	27:48	263	31:14
Rad 000	20.00	52:51	2:38	23	20:14	259	27:42	20.50	1:10:22	3:25	23	27:48	263	31:14
Lauf Ziel	5.00	25:31	5:06	14	6:14	153	25:31	25.50	1:35:53	3:45	22	33:40	243	37:21