



18 Lorsche Triathlon

Lorsch / 13.08.2023

0000

Felix Haubmann

000: 1:33:38

00: 304

00: 25.50 km

Lorsch Triathlon 0,5-20,5,0

00000/000: 300 (of 343)

00000/0: 233 (of 262)

000000: 58:32

0000:

Senioren 2 (TM 45)

00000: 29(of 30)

0000000: 1:03:38

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	15:16	30:32	30	6:36	251	8:19	0.50	15:16	30:32	31	6:36	263	8:19
Wechsel S -> R	-	7:27	-	30	5:48	262	6:11	0.50	22:43	45:25	31	11:53	263	14:17
Schwimmen 000	0.50	22:43	45:25	31	11:53	263	14:17	0.50	22:43	45:25	31	11:53	263	14:17
Rad netto	20.00	44:39	2:13	29	12:44	238	20:15	20.50	1:07:22	3:17	30	22:57	263	29:06
Wechsel R -> L	-	1:31	-	24	0:52	208	1:04	20.50	1:08:53	3:21	30	23:26	263	29:45
Rad 000	20.00	46:10	2:18	29	13:13	240	21:01	20.50	1:08:53	3:21	30	23:26	263	29:45
Lauf Ziel	5.00	24:45	4:57	17	6:34	133	24:45	25.50	1:33:38	3:40	29	30:00	233	35:06